
Creating 2024

#NOMATTERWHAT

COMPLETION PRECEDES CREATION.

As we start thinking about 2024 and all the goals, dreams and aspirations to come, we're required to complete the past to achieve something new.

[Read more](#)

AND CREATION STARTS WITH STANDARDS.

Achieving a goal is the result of strong standards. Rather than just focusing on goals, connect to the standard that you value, one that's likely driving those goals to begin with. Articulating a standard and consistently working towards living true to it leaves specific goals as the outcome.

[Read more](#)

Need some assistance? Book a call with Sterling!

Powered by **intro**



Book a video call

1:1 Video Consultation

Book a 1:1 live video consultation & get personalized advice

15 minute session:

- How to break free from discomfort
- Develop your life + business purpose
- Understand the framework for paid speaking
- Learn the steps to build courage

BOOK TIME WITH STERLING

What's Incomplete?

Health

What might need to be revisited to be released?

What needs to be decluttered?

What's Incomplete?

Wealth

What might need to be revisited to be released?

What needs to be decluttered?

What's Incomplete?

Relationships

What might need to be revisited to be released?

What needs to be decluttered?

Health

What do I value?

What am I ultimately committed to?

What can I do to live true to that this year?

Wealth

What do I value?

What am I ultimately committed to?

What can I do to live true to that this year?

Relationships

What do I value?

What am I ultimately committed to?

What can I do to live true to that this year?
